

MANAGING CHRONIC DISEASES

& *WELLNESS CARE*

**Empowering Seniors to Live
with Comfort and Confidence**

WHY IS IT IMPORTANT

Benefits

- improves quality of life, reduces hospitalizations, and lowers healthcare costs.
- It helps maintain functional independence, delays disease progression, and enhances mental and physical well-being.

Potential Consequences

- May lead to severe complications, including disability, reduced life expectancy, increased healthcare utilization, and diminished quality of life. Elderly individuals are particularly vulnerable to these adverse outcomes.



C.A.R.E