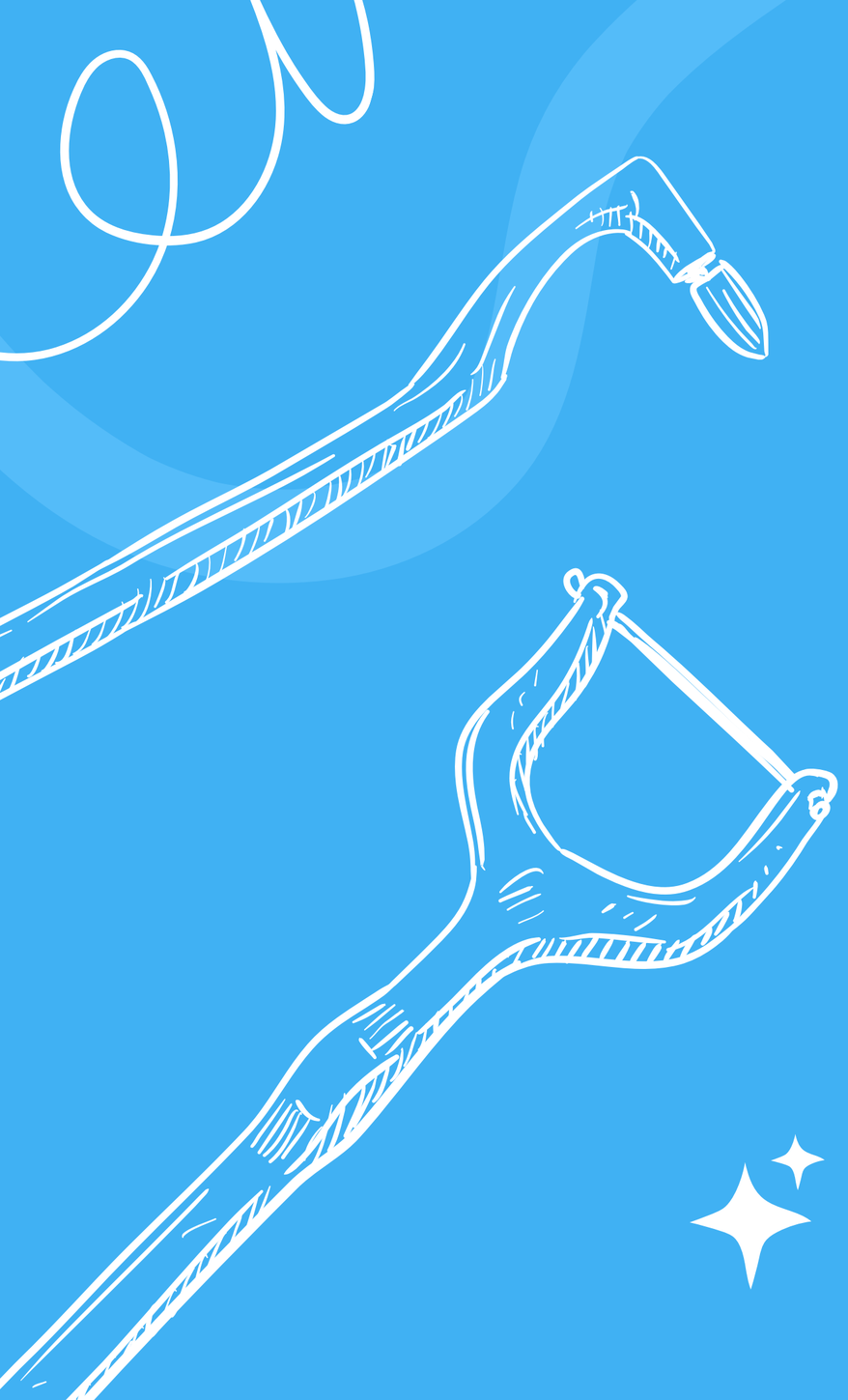
DENTAL CARE

WHAT HAPPENS DURING A DENTAL EXAM?





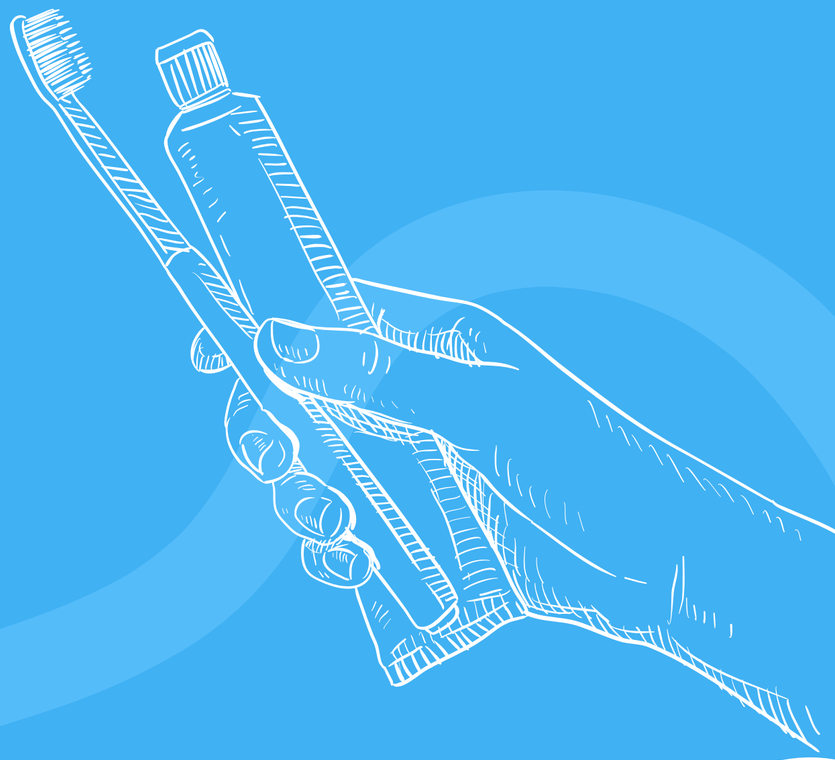
1.MEDICAL & DENTAL HISTORY REVIEW
YOUR DENTIST CHECKS FOR ANY CHANGES IN YOUR HEALTH, MEDICATIONS, OR SYMPTOMS YOU'VE NOTICED. THIS HELPS THEM UNDERSTAND RISKS AND TAILOR YOUR CARE.



2. X-RAYS (SOMETIMES)
X-RAYS MAY BE TAKEN TO LOOK FOR HIDDEN ISSUES LIKE CAVITIES BETWEEN TEETH, BONE LOSS, OR INFECTIONS THAT AREN'T VISIBLE DURING A VISUAL EXAM. THEY'RE USUALLY DONE ONCE A YEAR OR AS NEEDED.

3. CLEANING BY A HYGIENIST

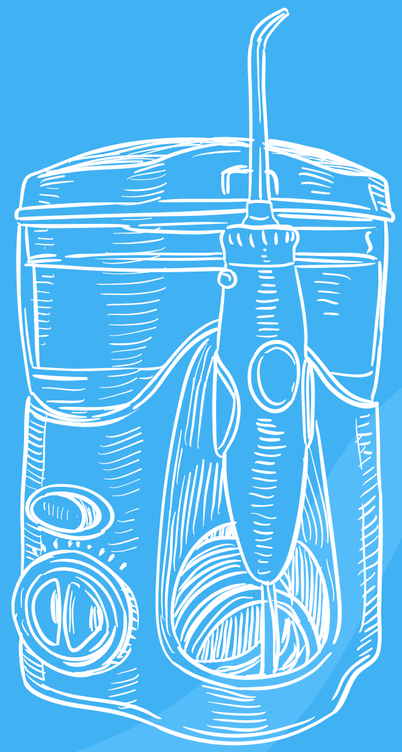
A HYGIENIST REMOVES PLAQUE AND TARTAR (SCALING), POLISHES YOUR TEETH, AND FLOSSES THEM. THIS HELPS PREVENT GUM DISEASE AND TOOTH DECAY. FLUORIDE OR SEALANTS MAY BE APPLIED DEPENDING ON AGE AND RISK.



4. DENTIST'S EXAMINATION

THE DENTIST CHECKS:

- TEETH FOR DECAY OR CRACKS
- GUMS FOR SIGNS OF DISEASE
- BITE ALIGNMENT
- JAW MOVEMENT
- SOFT TISSUES (CHEEKS, TONGUE, LIPS)
- EARLY SIGNS OF ORAL CANCER (QUICK, PAINLESS SCREENING)







HOW LONG IT TAKES:

A FULL EXAM WITH CLEANING USUALLY LASTS 45–60 MINUTES.



WHY DENTAL EXAMS MATTER

REGULAR EXAMS HELP:

- CATCH PROBLEMS EARLY
- PREVENT TOOTH LOSS
- REDUCE RISK OF GUM DISEASE
- SUPPORT OVERALL HEALTH (ORAL HEALTH IS LINKED TO HEART DISEASE, DIABETES, AND MORE)

